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Keep It Simple (Tennis) Students: The Only 5 Doubles Strategies You'll EVER Need!



The Only 5 Doubles
Strategies You'll EVER Need!
Forget Everything You've Learned
in the Past and Take Your Doubles
Play to the Highest Level

DAVID F. BERENS



Synopsis

Want to play your best Doubles ever? In this book, I have distilled the highest percentage strategies into 5 simple chapters. I explain what the strategy is, why it works and how to execute it in a match. I also give examples of how I practice this with my students in clinics. I know you will find this information useful and I believe you will be more successful on court. My end goal is to help you simplify and succeed! So, what are you waiting for?? Spin a racquet and let's play!

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Customer Reviews

If you play doubles tennis recreationally and wish to win more and have more fun, this small book is invaluable. David Berens takes guess work out of the picture and tells you what to do and in what order. Without having to remember too many instructions you can immediately improve your play.

I think David really gives some great practical advice for someone wanting to improve their game. As I read the book I could hear things some of my former professionals used to tell me. It is an easy read and can give recreational players a lot of pearls of wisdom. So much of the advice are things

that we teaching professionals preach all day to our students.

This book is written very well for any level of tennis player to understand and more important to implement in their tennis game. As a USPTA Elite Professional I will use the strategies in my lesson plans.

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